

BABY BOUNCE

A BOOK OF

SONGS AND RHYMES



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What is Baby Bounce?

Baby Bounce is about using rhymes, songs and books to introduce the sounds and rhythm of language. It helps babies to understand that words and pictures tell stories and have meaning, and increases vocabulary.



It is also about making connections in the community during the early years of parenthood.



For more information about our next Baby Bounce sessions visit:

waggalibrary.com.au/whats-on

Frequently Asked Questions

When to arrive? Give yourself and baby enough time to be ready by 10:30 or so. You can enter either via the lagoon door, which leads you straight to the children's area, or through the main library doors on level 1, then take the lift down to level 0.

How long does it go for? About 25-30 mins. There is plenty of time and space afterwards to stretch, mingle, have a snack, browse books, talk about memberships, and join the library.

What to bring? You don't need to bring anything, but a baby rug can be helpful for tummy time.

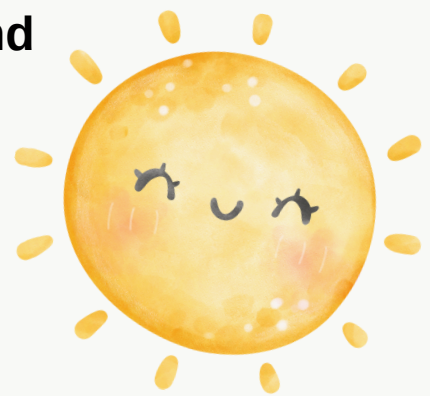
How to book? The program is designed to be experienced as a series of four different sessions, come to as many as works for you. For the best experience, you will need one lap per baby. For parents of multiples, bring along extra adults if you can. Book your free place/s via our What's On page. Tickets are available one week before each session.

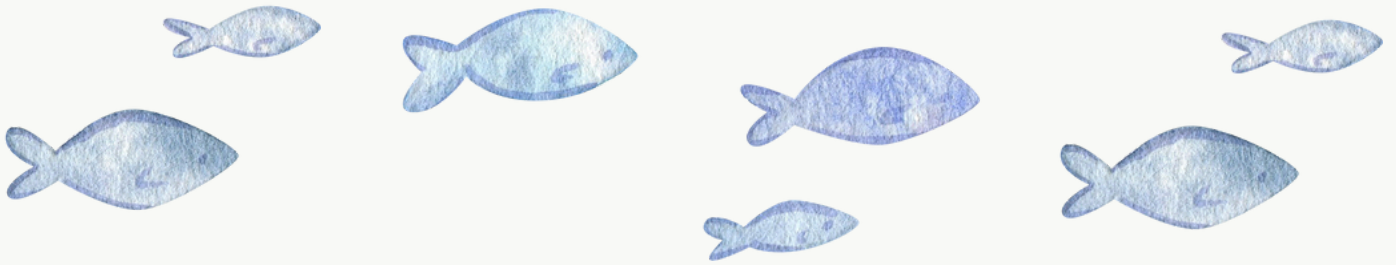


Each Baby Bounce session has songs, rhymes, some time for board book reading, and a fun activity, like playing with silk scarves, musical instruments or bubbles. Here are some of the favourite songs and action rhymes from our regular Baby Bounce sessions:

Up, Down, Turn Around (Welcome Song)

Up, down.
Turn around,
Touch the sky,
And touch the ground,
Wiggle fingers,
Wiggle toes,
Wiggle shoulders,
Say hello!





1,2,3,4,5 Once I Caught A Fish Alive

1, 2, 3, 4, 5 **Bounce**

Once I caught a fish alive! **Hug**

6, 7, 8, 9, 10 **Bounce**

Then I let him go again! **Tummy Tickle**

A Smooth Road

A smooth road, a smooth road,
a smooth road, a smooth road

Gentle swaying

A bumpy road, a bumpy road,
a bumpy road, a bumpy road

Gentle bounces

A rough road, a rough road,
a rough road, a rough road

Big bounces

A hole!!!

Gently and quickly lower baby

Baby Put Your Clothes On

Tune: Mama's Little Baby Loves Shortnin' Bread

Baby put your pants on
Pants on, pants on
Baby put your pants on 123

Repeat for
Baby put your shirt on
Baby put your socks on
Baby put your shoes on

Baby's got his/her clothes on
Clothes on, clothes on
Baby's got his/her clothes on
Let's go PLAY!

Fingerplay Rhyme

Baby's Nap

This is Baby ready for a nap
Hold up index finger
Lay her down in her mother's lap
Place index finger on open palm of other hand
Cover her up so she won't peep
Wrap fingers around index finger
Rock her 'til she's fast asleep
Rock hands back and forth

Bouncing

Everybody's bouncing, bouncing, bouncing

Everybody's bouncing, just like me!

Bounce baby on knee

Everybody's clapping, clapping, clapping

Everybody's clapping, just like me!

Clap baby's hands

Everybody's swinging, swinging, swinging

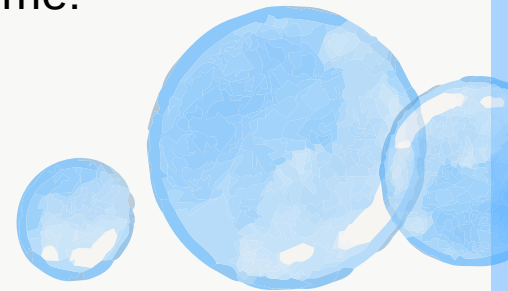
Everybody's swinging, just like me!

Sway baby

Everybody's bouncing, bouncing, bouncing

Everybody's bouncing, just like me!

Bounce baby



**Do you have some
bubbles or a
bubble machine?
Make this song
interactive with
some bubble
popping!**

Bubbles Everywhere

Bubbles, bubbles everywhere
Gently flowing through the air
Bouncing around without a care
See them floating way up there
Bubbles, bubbles everywhere
Gently flowing through the air



Chicken in the Barnyard

Chicken in the barnyard, staying out of trouble

Draw a little circle in child's palm

Along came a turkey

Slowly creep fingers up arm

And... "Gobble, gobble, gobble!"

Tickle underarm, or move in for a gobble on child's neck

Glumph

Glumph went the little green frog one day

Glumph went the little green frog

Glumph went the little green frog one day

And the frog went Glumph Glumph Glumph

But... we all know frogs go

Clap "la de dah de dah"

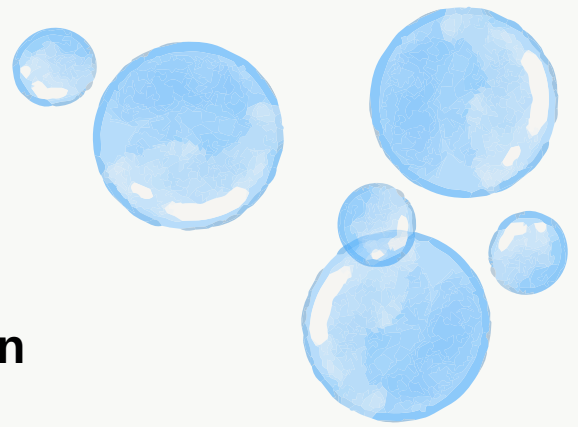
Clap "la de dah de dah"

Clap "la de dah de dah"

We all know frogs go

Clap "la de dah de dah"

They don't go Glumph Glumph Glumph



Dickery Dean

What is the matter with Dickery Dean?
He jumped right into the washing machine!

Chug, chug, chug, chug

Chug, chug, chug, chug

Bounce side to side

Nothing's the matter with Dickery Dean
He dove in dirty, and he jumped out clean!

Lift

**Tummy time
practice!**

Five in the Bed

There were five in the bed
And the little one said, 'Roll over, roll over',
So they all rolled over and one fell out.

Repeat with four, three, two

There was one in the bed
And the little one said, 'Goodnight!'



Good Morning Toes!

Good morning toes
Good morning toes
Gently rub toes

And how are you today?
I trust you've had a good nights sleep
And now you're ready to play

Repeat for tummy, knees, hands, cheeks etc.

Giddy-up, Horsey

Giddy-up, giddy-up, giddy-up horsey
Giddy-up, giddy-up, go, go, go
Giddy-up, giddy-up, giddy-up horsey
Bounce up and down

Giddy-up, giddy-up, Whoa!

Lean baby backwards



Head, Shoulders, Knees and Toes

Head and shoulders knees and toes,
knees and toes, knees and toes,
Head and shoulders knees and toes,
we all clap hands together!

Eyes and ears and mouth and nose,
mouth and nose, mouth and nose
Eyes and ears and mouth and nose,
we all clap hands together!



Heave Ho!

Heave ho! Heave ho!
Rocking back and forth
Hold me tight Don't let me go.
Hug
One two, one two, You love me
Rocking back and forth
And I love you.
Hug

Fingerplay Rhyme

Here is the Beehive

Here is the beehive, where are the bees?

Hold your fist up in the air

Hidden away where nobody sees.

Move the other hand around your fist

Watch and you'll see them come out of the hive.

Bend your head close to the fist, and "look" inside it!

One...two...three...four...five!

Count on your fingers

Buzz...buzz...buzz...buzz...buzz.

Wave with your fingers!



Here we go Up Up Up

Here we go up, up, up,

Lift legs up

Here we come down, down, down,

Legs back down

Here we go backwards and forwards

Rock backwards and forwards

And here we go round and around!

Bicycle legs around

Hickory Dickory Dock

Hickory Dickory Dock

Gently bounce your baby to the beat

The mouse ran up the clock

**Run your fingers up from baby's toes
to their chin and tickle**

The clock struck one

Clap once

The mouse ran down

Hickory Dickory Dock

**Run your fingers back down to
baby's toes and tickle**

Repeat for

The clock struck two

The mouse went "boo!"

**Clap twice. Hide baby's eyes with your hands
then pull them away on the word "boo!"**

The clock struck three

The mouse went "weeee!"

**Clap three times. Lift your baby up
into the air on the word "weeee!"**

The clock struck four

The mouse said "NO MORE!"

**Clap four times. Shake your
finger on the words "no more!"**





Humpty Dumpty

Humpty Dumpty sat on the wall

Hold baby still on lap

Humpty Dumpty had a great fall

Gently & quickly lower baby

All the king's horses and all the king's men

Gentle bounce on lap

Couldn't put Humpty together again

Shake head and look at baby

If You're Happy and You Know It

If you're happy and you know it, clap your hands

Clap, clap

If you're happy and you know it, clap your hands

Clap, clap

If you're happy and you know it,

Then you really ought to show it

If you're happy and you know it, clap your hands

Clap, clap

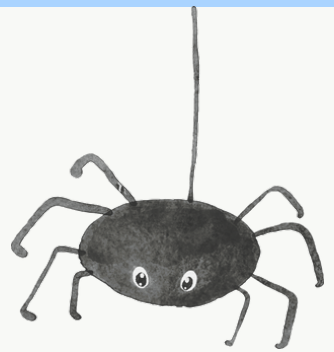
Repeat for

*Stomp your feet *Stomp, stomp**

*Spin around *Spin, spin**

Fingerplay Rhyme

Incy Wincy Spider



Incy Wincy spider, climbed up the waterspout
Down came the rain and washed the spider out
Out came the sunshine and dried up all the rain
And Incy Wincy spider went up the spout again

Jeremiah

Jeremiah, blow the fire
Puff, puff, puff
First you blow it gently,
Gently blow on baby's face
Then you blow it ROUGH!
Big breath then blow on baby's face

Leg Over Leg

Leg over leg
The dog went to Dover
Criss-cross legs
When he came to a stile Whoops!
He went over.
Roll baby over for tummy time!

**Tummy time
practice!**

Oh, the Grand Old Duke of York

Oh, the grand old Duke of York
He had 10,000 men
He marched them up the top of the hill
And he marched them down again
Now when they were up they were up
And when they were down they were down
But when they were only halfway up
They were neither up nor down

Old McDonald

Old MacDonald had a farm,
E, I, E, I, O,
And on that farm he had a (Cow)
E, I, E, I, O,
With a (moo, moo) here and a (moo, moo) there,
Here a (moo), there a (moo), everywhere a (moo, moo),
Old MacDonald had a farm,
E, I, E, I, O.



(Repeat for: pig, duck, sheep, turkey)

**Sing with a
silk scarf**

One Bright Scarf

One bright scarf waiting for the wind to blow

Gentle wave scarf in the air

Wiggle it high and wiggle it low

Wiggle scarf high then low

Shake it fast and shake it slow

Wiggle scarf fast then slow

Where did it go?

Hide the scarf behind your back

Here it is!

Bring the scarf back

One, Two, Peek-a-boo

One, two, peek-a-boo!

You see me, and I see you.

I see your nose, yes I do!

Time to play peek-a-boo!

Repeat with: hands, feet, belly





Open, Shut Them

Open, shut them

Open, shut them

Give a little clap **clap* *clap* *clap**

Open, shut them

Open, shut them

Lay them in your lap, lap, lap.

Creep them creep them

Creep them creep them

Right up to your chin

Open wide your little mouth

But do not let them in!

Shake them shake them

Shake them shake them

Shake them just like this

Roll them roll them

Roll them roll them

Give a little kiss! Mwah!



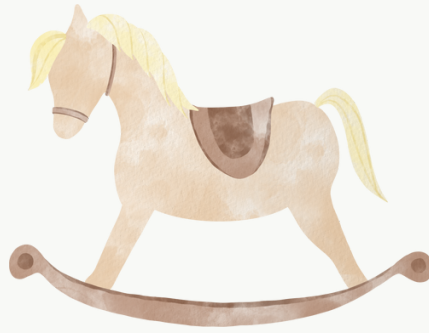
Peek-a-Boo

Peek-a-boo, Peek-a-boo
I see you, I see you
I see your button nose I see your tiny toes
Peek-a-boo, I see you!

Rock-a-bye Your Bear

Everybody clap, **clap* *clap* *clap**
Everybody sing, la la la la la
Bow to your partner
And then you turn around
Hands in the air Rock-a-bye your bear
Bear's now asleep, shh shh shh
Bear's now asleep, shh shh shh





Rocking Horse

Rocking horse, rocking horse, to and fro,

Gently rock backwards and forwards

Side to side and away we go,

Gently rock side to side

Rocking horse, rocking horse, front and back,

Gently rock backwards and forwards

Don't fall off just like that. Woah!

Gently & quickly lower baby

Round and Round the Garden

Round and round the garden,

Like a teddy bear.

One step, two step,

Tickly under there!



Row, Row, Row Your Boat

Row, row, row your boat,
Gently down the stream
Merrily, Merrily, Merrily, Merrily
Life is but a dream

Rock, rock, rock your boat,
Sway from side to side
Merrily, Merrily, Merrily, Merrily
What a bumpy ride



Shake Your Sillies Out

You gotta shake, shake, shake your sillies out,
Shake, shake, shake your sillies out
Shake, shake, shake your sillies out
And wiggle your waggles away.

Repeat for
... Clap your crazies out
... Jump your jiggles out.

Slowly, Slowly

Slowly, slowly, very slowly creeps the garden snail

Slowly, slowly, very slowly up the garden rail

Slowly walk fingers up baby's tummy

Quickly, quickly very quickly runs the little mouse

Quickly, quickly very quickly round about the house

Lots of tummy tickles

So Early in the Morning



This is the way we clap our hands,

clap our hands, clap our hands

This is the way we clap our hands so early in the morning.

Clap baby's hands

This is the way we kick our feet,

kick our feet, kick our feet

This is the way we kick our feet so early in the morning.

Kick baby's feet

This is the way we wave our arms,

wave our arms, wave our arms

This is the way we wave our arms so early in the morning.

Wave baby's arms

Sing along to this at bath time with a facewasher! Or anytime using a silk scarf.

Splish, Splash, Splosh

Splish, splash, splosh
I'm having a wash
Splosh, splash, splish
I'm as wet as a fish
Soap on my body
Shampoo in my hair
Scrub- a- dub-dub
Now I'm clean everywhere

Spot Song

Put a spot over here and a spot over there.
Put a spot on your ear and a spot on your hair.
Put a lot of little spots in the air, everywhere!
It's a spotty kind of day.

Repeat for

Put a stripe over here and a stripe over there...

Put a swirl over here and a swirl over there...



The Baby Hokey Pokey

You put your arms up

Lift arms up

You put your arms down

Arms down

You put your arms up

And you wave them all around

Wave arms in air

You tickle, tickle, tickle

Tickle tummy

And you wiggle, wiggle, wiggle

Wiggle tummy

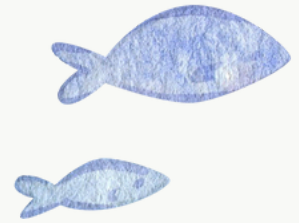
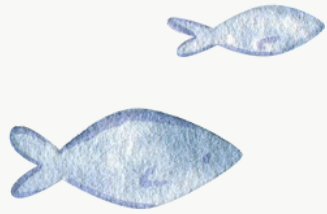
The baby hokey pokey is fun!

Repeat for

You put your legs up

You put your baby up





The Fish in the Sea

Tune: The Wheels on the Bus

The fish in the sea go swish, swish, swish
Swish, swish, swish. Swish, swish, swish
The fish in the sea go swish, swish, swish
All day long

The dolphins in the sea go round and round
Round and round. Round and round
The dolphins in the sea go round and round
All day long

The sand in the sea drifts down, down, down
Down, down, down. Down, down, down
The sand in the sea drifts down, down, down
All day long

The waves on the sea go up and down
Up and down. Up and down
The waves on the sea go up and down
All day long

The boats on the sea go toot, toot, toot,
Toot, toot, toot. Toot, toot, toot
The boats on the sea go toot, toot, toot
All day long

The Grandfather Clock

The Grandfather clock goes Tick---tock---tick---tock

slowly sway sideways

The kitchen clock goes Tick-tock-tick-tock

sway a bit faster

And mama's little watch goes Ticketyticketytickety

sway quickly then cuddle

This Little Piggy

This little piggy went to market,

Wiggle big toe

This little piggy stayed at home,

Wiggle next toe

This little piggy had roast beef,

Wiggle next toe

This little piggy had none.

Wiggle next toe

And this little piggy went...

"Wee wee wee" all the way home...

Wiggle little toe then tickle up to tummy



Alternatively use fingers then tickle under arms.



Three Cheeky Monkeys

Three cheeky monkeys jumping on the bed
One fell off and bumped his head
Mummy called the doctor and the doctor said
No more monkeys jumping on the bed!

*Repeat for
Two cheeky monkeys...
One cheeky monkey...*

Tick Tock

Tick Tock Tick Tock
Rock side to side
I'm a little Cuckoo Clock
Stop
Tick Tock Tick Tock
Rock side to side
It's 1:00 o'clock
Cuckoo
lift

Repeat for 2:00, 3:00 etc.



Tiny Little Babies

Tiny little babies love bouncin' bouncin',
Tiny little babies love bouncin' so.
Tiny little babies love bouncin' bouncin'
Tiny little babies love bouncin' yeah.

Bouncing in time to the beat

Bounce to the left, Bounce to the right,

Bounce left then right

Now hug that baby nice and tight.

Big cuddles

Toast in the Toaster

I'm toast in the toaster,
I'm getting very hot!
Tick tock, tick tock,

sway from side to side

Up I pop!

lift



Twinkle Twinkle

Twinkle twinkle little star

wriggle fingers

How I wonder what you are

place finger on chin

Up above the world so high

point to the sky

Like a diamond in the sky

shape fingers into a diamond

Twinkle twinkle little star

wriggle fingers

How I wonder what you are

place finger on chin



Two Little Boats

Two little boats went out to sea.

All is calm as calm can be.

rock front to back

Gently the wind begins to blow.

Two little boats rock to and fro.

rock side to side

Loudly the wind begins to shout!

Two little boats they bounce about.

bounce

STOP goes the storm, the wind, and rain.

Two little boats sail on again.

freeze then rock front to back

Fingerplay Rhyme

Two Little Dickie Birds

Two little dickie birds, sitting on a wall,

Hold up two index fingers

One named Peter, one named Paul.

Wiggle one finger for Peter, then the other for Paul

Fly away Peter, fly away Paul.

Hide index fingers behind back

Come back Peter, come back Paul.

Bring back index fingers one at a time

Variation

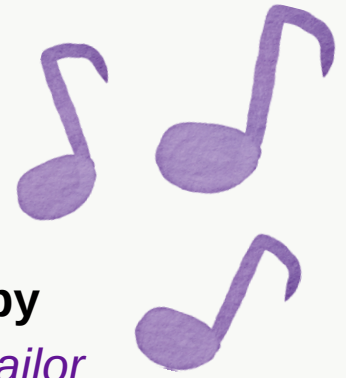
Two little bunnies bouncing on a hill

One named Jenny one named Jill.

Bounce away Jenny, bounce away Jill.

Bounce back Jenny, bounce back Jill.





What Shall We Do With a Sleeping Baby

Tune: What Shall We Do with a Drunken Sailor

What shall we do with a sleeping baby?

What shall we do with a sleeping baby?

What shall we do with a sleeping baby?

Early in the morning

Bounce in time to the beat

Hey, ho and up she rises

lift

Hey, ho and up she rises

lift

Hey, ho and up she rises

lift

Early in the morning

Put 'em in bed and tickle them all over

tickle

Put 'em in bed and tickle them all over

tickle

Put 'em in bed and tickle them all over

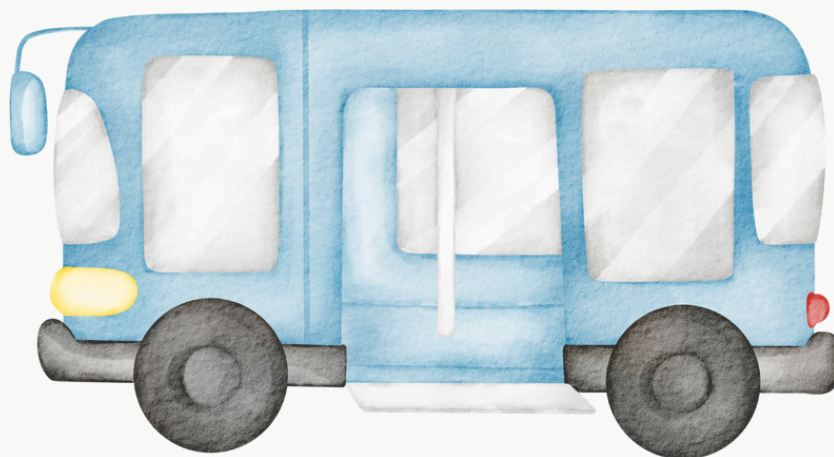
tickle

Early in the morning

Wheels on the Bus

The wheels on the bus go round and round,
Round and round, round and round
The wheels on the bus go round and round
Bicycle legs
All day long.

Repeat for
The wipers on the bus go swish swish swish
Swish legs side to side
The horn on the bus goes beep beep beep
Gentle tummy press
The babies on the bus go waah, waah, waah
The mummies on bus go shhh, shhh, shhh



Where oh where are baby's fingers?

Where oh where are baby's fingers

Wiggle fingers

Where oh where are baby's toes

Wiggle toes

Where oh where is baby's belly button

Round and round it goes

Big tummy circles

Where oh where are baby's ears

Tickle ears

Where oh where is baby's nose

Tickle nose

Where oh where is baby's belly button

Round and round it goes.

Big tummy circles





Zoom Zoom Zoom

Zoom, zoom, zoom,
We're going to the moon.

Zoom, zoom, zoom,
We'll get there very soon.

Gently sway baby in air on on knees

5, 4, 3, 2, 1,

Bounce to the countdown

Blast off!

lift

Up, Down, Turn Around (Goodbye Song)

Up, down
Turn around
Touch the sky
And touch the ground
Jiggle tummy
Blink your eyes
Blow a kiss
And say goodbye!

Helpful Tips and Tricks

Bouncing Fun

- Bounce your baby while facing you.
- Sing to them so they can watch your mouth and learn how words are formed.
- Bouncing helps them feel rhythm and prepares them for walking, running, and dancing.

Scarves & Shakers

- Use scarves and shakers to help with fine motor skills like holding, dropping, and waving.
- Play peek-a-boo and tickling games to teach new words and sounds.
- Gently touch your baby with the scarf or shaker while naming body parts to improve vocabulary.



Tummy Time

- Engage with Pictures: Point to and describe pictures to keep them interested.
- Short Sessions: Start with a few minutes and gradually increase the time.
- Comfortable Surface: Ensure your baby is on a soft, safe surface.
- Use Board Books: Place them in front of your baby during tummy time to encourage lifting their head.



Why Board Books?

Board books are fantastic for babies for several reasons:

Durable: Thick pages withstand rough handling.

Safe: Rounded edges and non-toxic materials.

Engaging: Bright pictures and simple text.

Interactive: Textures, flaps, and mirrors.

Easy to Handle: Perfect size for little hands.

Reading to Your Baby

Reading board books to your baby is a great way to introduce them to language, stories, and bonding. Here are some tips to make it fun and beneficial:

Make It Interactive

- Point and name things in the pictures.
- Ask simple questions like, "Where's the dog?"
- Use your baby's name to personalise the story.

Use Your Voice

- Vary your tone to keep them interested.
- Show emotions with your voice to match the story.

Keep It Short

- Read for 5-10 minutes.
- Follow your baby's lead if they lose interest.



Engage Their Senses

- Let them touch textures in the book.
- Help them turn pages to develop motor skills.

Let Them Explore

- Allow them to handle and explore the book.

Choose Simple, Bold Pictures

- Pick books with high-contrast images and bright colours.

Be Patient and Repeat Stories

- Babies love repetition; it helps with learning.
- Let them skip pages or go back if they want.

Use Rhymes and Repetition

- Rhyming books are great for language skills.

Talk About Pictures

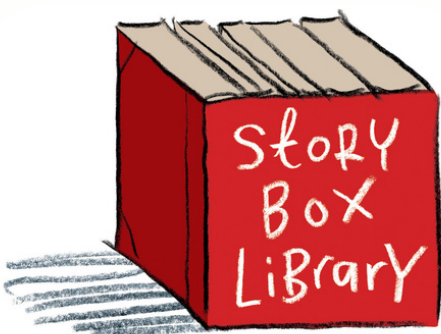
- Describe what's happening in the pictures.

Create a Routine

- Make reading a calm, inviting activity.
- Read at the same time each day to build a routine.

Story Box Library

A place where magical stories live. Story Box Library provides online access to beautiful stories for you and your children; narrated by well known Australians.



Download the Story Box Library app from Google Play or the App Store, or visit the browser version for storytime on your PC or laptop. Then use your Wagga City Library card to log in and start listening!

**For more information about our next
Baby Bounce sessions visit:
waggalibrary.com.au/whats-on**

